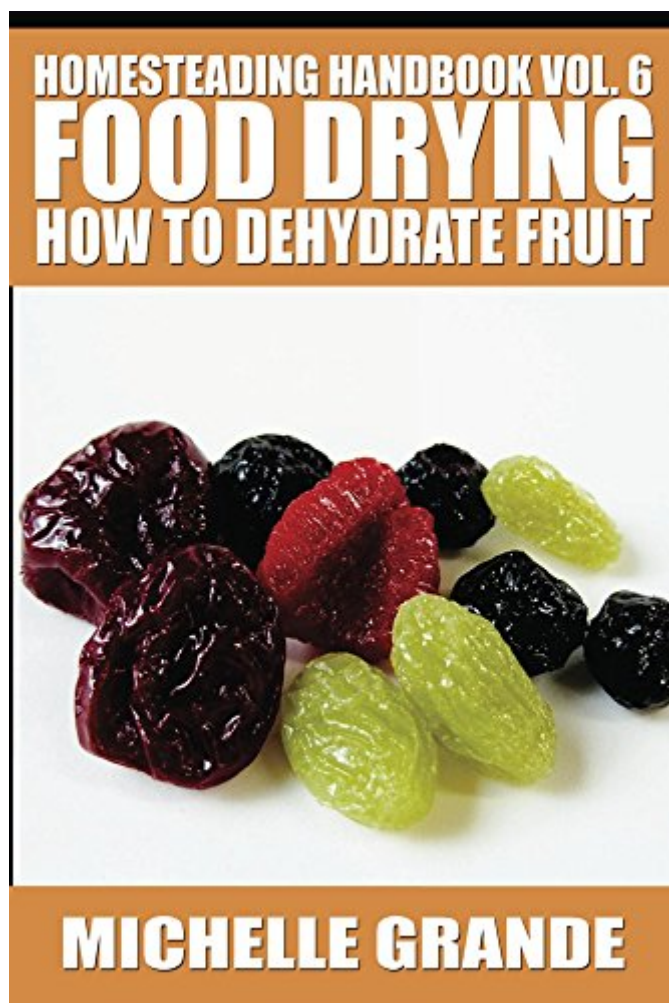


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# Homesteading Handbook Vol. 6 Food Drying: How To Dehydrate Fruit (Homesteading Handbooks)



## Synopsis

Are You Tired of Spending a Small Fortune on Commercial Dehydrated Fruits? If so, you're going to want to read this helpful handbook. The Homesteading Handbook vol. 6 provides step-by-step instructions on how to dry many of the most popular dried fruit found in stores. You can dehydrate fruit yourself at home for pennies on the dollar compared to what it would cost when you buy it dried. The following topics are all covered in detail in this helpful handbook: The benefits of drying fruit. How to dry any fruit in 8 easy steps. The nutritional value of dried fruit. Proper washing and preparation of fruit for drying. How to pretreat various fruits to prevent them from browning while they dry. Solar, oven and machine drying. How to condition dried fruit to ensure it's evenly dried. Pasteurizing fruit to kill off harmful organisms. The best way to store dried fruit. Step-by-step guides covering a variety of ways to dry 15 popular fruits. If you aren't drying your own fruit, you're probably not eating as healthy as you should be. Store-bought dried fruits often contain chemical additives and added processed sugar. Learn to dry fruit at home and you'll be able to avoid these unhealthy ingredients. Purchase the Homesteading Handbook vol. 6 today to learn how to dry fruit.

## Book Information

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Cookbooks, Food & Wine > Canning & Preserving

## Customer Reviews

This is the first time I have dehydrated anything and this book has many great ideas for this, it was

easy to follow and very helpful for a beginner like myself. I will keep drying my own herbs and fruits for my grand children because it is a lot healthier than store bought stuff.

haven't read them all but am collecting my library to go through this winter

Great Book. Good read

good book

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Homesteading Handbook vol. 5 Food Drying: How to Dry Vegetables (Homesteading Handbooks)  
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How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices)  
Homesteading: Homesteading For Survival: Homesteading Projects For Preppers  
Homesteading for Beginners: Self-sufficiency guide, Grow your own food, Repair your own home, Raising Livestock and Generating your own Energy (Homesteading, ...  
Food Drying: Food Dehydration and Safe Storage The Homesteading Handbook: A Back to Basics Guide to Growing Your Own Food, Canning, Keeping Chickens, Generating Your Own Energy, Crafting, Herbal Medicine, and More (The Handbook Series) 100 Exotic Food Recipes (Puerto Rican Food Recipes, Picnic Food Recipes Caribbean Food Recipes, Food Processor Recipes,) Hydroponics: How To Start Your Own Hydroponic Garden and Grow Vegetables, Herbs and Fruit (Hydroponics For Beginners, Homesteading) Modern Rustic: Starting an Orchard: A homesteading guidebook for growing fruit trees, berries, grapes and nuts  
Fruit Pies, Cobblers & Crisps: Southern Collection of Favorite Fruit Desserts! (Southern Cooking Recipes Book 15) Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse)  
Southern Fruit & Vegetable Gardening: Plant, Grow, and Harvest the Best Edibles - Alabama, Arkansas, Georgia, Kentucky, Louisiana, Mississippi, ... (Fruit & Vegetable Gardening Guides)  
Mid-Atlantic Fruit & Vegetable Gardening: Plant, Grow, and Harvest the Best Edibles - Delaware, Maryland, New Jersey, Pennsylvania, Virginia, Washington, ... (Fruit & Vegetable Gardening Guides)  
Guide to Florida Fruit & Vegetable Gardening (Fruit & Vegetable Gardening Guides)  
Carolinas Fruit & Vegetable Gardening: How to Plant, Grow, and Harvest the Best Edibles (Fruit & Vegetable Gardening Guides)  
Tennessee Fruit and Vegetable Book (Southern Fruit and Vegetable

Books) Rocky Mountain Fruit & Vegetable Gardening: Plant, Grow, and Harvest the Best Edibles - Colorado, Idaho, Montana, Utah & Wyoming (Fruit & Vegetable Gardening Guides) Grow Fruit Indoors Box Set: 22 Cultivating Tips to Make Your Own Garden With Extra Gardening Tips To Grow Your Favorite Exotic Fruits Plus Tips How to ... Set, Grow Fruit Indoors, Gardening Tips)

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